



## MANNA Food Pantry Grocery List

List includes items that all families need and use.  
In-kind gifts in any quantity are greatly appreciated.

### Food Items

- Peanut Butter
- Jam and Jelly
- Crackers
- Tuna Fish
- Macaroni and Cheese
- Pasta Sauce
- Canned Vegetables
- Canned Fruit
- Canned Beans (kidney, pinto, black)
- Breakfast Cereal
- Juice (apple, orange, cranberry)
- Cooking Oil

### Personal Care Items

- Bath Soap
- Toothpaste
- Shampoo
- Deodorant

### Paper Goods

- Napkins
- Paper Towels
- Facial Tissues
- Toilet Paper

### Misc. Items

- Foil and Plastic Wrap
- Dish Detergent
- Laundry Detergent

For questions or to arrange delivery contact:

### MANNA Assistance and Advocacy

1 Buckingham Street, Hartford

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THANK YOU!